



“Discovering Narrative Through Movement”



Instructor: Brandon Shalansky, MSc.
Session: July 5, 1:00-4:00pm
Cost: \$40

A unique, multifaceted experience, this workshop combines basic movement and writing exercises to explore the fundamentals of storytelling for the theatre. There is no prior movement, dance, or writing experience required, but the workshop is designed for participants already familiar with reading and/or performing scripts. Participants will leave with a deeper understanding of story-building in the theatre, a sense of discovery regarding the endless possibilities and potential of playwriting, and a new perspective on approaching text as an actor.

Prepare for the workshop:

- As this is a movement based workshop, **please wear comfortable clothing and shoes**. In our experience, skirts, jeans and jewelry in particular are best avoided. Dance shoes are not required. As a courtesy to the other participants and your instructor please wear deodorant, but no perfumes or fragrances of any kind.
- Make sure you eat breakfast before a morning workshop, and lunch before an afternoon workshop so that you have the energy for physical activity. Please bring water and any nut-free snacks you may desire. No meals please. There will be a short break.
- **Participants are asked to bring with them an image or object that relates to the theme “Voyage.”** These do not have to relate to you on a personal level, but if you choose to bring something that does please do not bring anything valuable or fragile (ie. vintage photos, antiques, etc.) as we are not responsible should they be damaged in any way. Do not bring anything that requires an audio/visual component unless on a tablet or device you supply yourself. Participants usually bring in print-outs of photographs or paintings, or excerpts from books/journals, but feel free to bring anything that fits the parameters specified above.
- This workshop includes writing exercises. Paper and writing utensils will be provided, but feel free to bring any journals or pens, etc. that you are more comfortable using.
- If you have any special or medical requirements please let the course organizers know well in advance so they may pass this along to the instructor.
- Most importantly, please **HAVE FUN!** Come relaxed and ready to explore and learn.

